



Coffs Trail Runners Inc. - General Waiver

Note: This waiver may be adapted to suit the individual requirements of each Coffs Trail Runners Inc. events

Please read through this Waiver as it affects your legal rights and obligations. When you enter online for any Coffs Trail Runners Inc. events, you will be asked to tick a box to confirm you have read and understood this waiver.

Any individual who does not agree to this Waiver will be kindly asked not to run the Coffs Trail Runners Inc. event or have any association with a Coffs Trail Runners Inc. event

In consideration of Coffs Trail Runners Inc. accepting my participation in any of the events organised by Coffs Trail Runners Inc. I agree to this release of claims, waiver of liability and assumption of risk.

1. I acknowledge that the Coffs Trail Runners Inc. event involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, and course or weather conditions to name a few.
2. I understand that I should not participate in a Coffs Trail Runners Inc. event unless I am medically able and properly trained.
3. I hereby certify and declare that I am in good health and I have sufficiently trained to complete the distance of the Coffs Trail Runners Inc. event, which I am entering and that I do not have any injury, illness or physical disability which may cause me injury or death whilst participating in a Coffs Trail Runners Inc. event
4. Prior to starting a Coffs Trail Runners Inc. event or during a Coffs Trail Runners Inc. event if I become aware of any medical condition or impairment, or I am otherwise sick or have symptoms of COVID-19 or other acute respiratory infection or have COVID-19 or injured prior to or during a Coffs Trail Runners Inc event, I will withdraw from the Coffs Trail Runners Inc. event.
5. I assume all risks associated with participating in this Coffs Trail Runners Inc. event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.
6. I acknowledge and understand that whilst participating in a Coffs Trail Runners Inc. event:
 - My personal property may be lost or damaged.
 - The conditions of the Coffs Trail Runners Inc. event may vary without warning.
 - I may be injured, physically or mentally, or may die from various causes including, but not limited to, over exertion, dehydration, cardiac arrest, slips, trips or falls, accidents with other participants, spectators and road users, or accidents caused by my own actions
 - I may be infected or may die from various causes including, but limited to, someone at the event without their knowledge may have been in contact with someone with COVID-19 prior to the event and have no symptoms prior to starting the race and find out later that they had COVID-19

and may have given it to anyone they may have come into contact with or even die from the result of contracting COVID-19 from that contact;

- I may cause injury to other persons or damage their property.
- If I am injured, there may be no or inadequate facilities to treat or transport me
- I assume the risk and responsibility for any injury, death, contracting COVID-19 or property damage resulting from my participation in the Coffs Trail Runners Inc. event
- I may be in a remote or isolated location where access to medical support may be limited and take significant time to reach me.

7. I agree that if I am injured or require medical assistance, the Coffs Trail Runners Inc. may, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event/Race Organisers.

8. I acknowledge that Coffs Trail Runners Inc. events do not have personal accident insurance for event participants. I agree that I am responsible for my own medical and ambulance insurance cover.

9. I am fully responsible for the security of my personal possessions at and during the Coffs Trail Runners Inc. event.

10. Safety precautions undertaken by organisers of Coffs Trail Runners Inc. events (such as course supervision, course marking, safety briefings) are a service to me and other competitors but are not a guarantee of safety.

11. I acknowledge this waiver and release binds my heirs, successors, executors and administrators.

12. I agree that if I am injured, my property is damaged or I contract COVID-19, or other illness, that I will bring no claim, legal or otherwise, against the the Committee of Coffs Trail Runners Inc. in respect to that injury or damage.

13. I hereby waive and release any rights, actions, or claims against Coffs Trail Runners Inc. and its volunteers, for any liabilities and damages, including any food-borne illnesses and death, arising out of or in connection to the consumption of food or water provided by Coffs Trail Runners Inc.

14. I will read the Race Briefing sent out to all event participants prior to the event.

15. I agree to allow my name, results, photographs, videos, multimedia or film likeness to be used for any legitimate purpose by Coffs Trail Runners Inc., the sponsors, event partners or assigns without payment or compensation.

16. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running race, I, for myself and anyone entitled to act on my behalf, waive, indemnify and hold harmless the organisers of Coffs Trail Runners Inc. events, the Committee of Coffs Trail Runners Inc., any volunteers associated with the Coffs Trail Runners Inc. events, all agents, contractors, landholders, sponsors, all governmental bodies or locations in which the event or segments of the event are held, from all claims, demands, right or cause of action, suits, expenses, costs and proceedings of any nature whatsoever why may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to me or my property as a result of my entry or participation of a Coffs Trail Runners Inc. event whether by negligence, breach of contract of in any way whatsoever.